



**Paul Counsel**

*Creating extraordinary results  
through a more powerful awareness.*



### ***The DNA Phantom Effect.***

I'd just like to briefly bring your attention to three experiments that changed forever the very foundations of what we think we know. These experiments were conducted throughout the 1990's and their implications are just starting to filter through to the general public.

When you can fully appreciate the enormity of the potential that these experiments are highlighting, I'm sure you'll be as excited as I am. Beyond any shadow of doubt, it's now scientifically proven that there can be nothing in this universe that is preventing anyone from achieving the lifestyle they want other than their own thinking processes.

The first set of experiments, *The DNA Phantom Effect*, reported in 1995, concluded that human DNA has a direct affect on the physical world. Quantum biologists Vladimir Poponin and Peter Gariaev repeated a number of experiments which revealed a direct relationship between human DNA and the energy our world is made of.

In short, these experiments show that you can consciously direct the energy of your DNA and through this energy, you can either positively or negatively impact your physical environment and your physical wellbeing. In summary, these experiments demonstrated that...

1. a type of energy exists beyond any previous recognition of that energy.
2. human cells and DNA can influence physical matter through this form of energy
3. human DNA has a direct effect on the vibration of light or pure energy

### ***Emotions directly effect cell function.***

The second set of experiments reported in 1993, demonstrated that human emotions have a direct influence on the way cells function within our bodies. Among the researchers' discoveries was the observation that not only can these functions be changed, they could be changed through the conscious focus of one's mind.

Originally, the experiments were conducted by scientists working with the US Army who sought to discover whether or not the power of feelings can continue to have an effect on living cells once those cells were removed from a person's body. The scientific experiments concluded that not only do emotions continue to affect living cells outside a person's body; they also discovered that no matter what distance apart the cells were from their host, the effects were simultaneous.

In summary, the feeling experiments demonstrated that...

1. a previously unrecognized form of energy exists between living tissues
2. cells and DNA communicate through this form of energy
3. human emotion has a direct influence on living DNA
4. distance appears to be of no consequence with regard to this effect.

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## ***Emotions effect DNA .***

The third set of experiments conducted by the Institute of HeartMath between 1992 and 1995, set out to discover whether or not human emotion could change the shape of human DNA itself.

Conventional thought has always promoted the idea that our DNA is fixed. It's always been thought that what we're born with is what we get and that only chemicals or trauma could have an affect on DNA. However, the experiments by HeartMath proved that the focused attention of a mind could actually affect the very functions of DNA. In fact, they discovered that different intentions produce different effects on our DNA molecules and that these intentions could cause the DNA Helix to either wind tightly or unwind to a more relaxed position.

Fear has DNA winding into a tighter structure while love and gratitude has it stretching to a more open position.

In summary, these experiments demonstrated that...

1. human emotion has a direct effect on DNA
2. our DNA directly impacts the stuff our world is made of

## ***Powerful conclusions.***

The common denominator between all three sets of experiments was human DNA. When taken together, the three sets of experiments led to two powerful conclusions...

**One...** that there is a matrix of energy that connects all forms of matter with everything else in the universe and that we can tap into this matrix.

**Two...** the DNA in our bodies gives us access to this energy field and that positive emotion is the key to creating an expanding lifestyle of uncompromised choice. Alternatively, negative emotions lead to a lifestyle of uncertainty, insecurity, fear, sacrifice and contraction.

As you ponder the direction of your life to date, think about the problems that can be solved, the illnesses healed, the challenges conquered, the conditions improved and the lifestyles that can be lived simply by learning how to tap into the force of the universe. By tapping this force, you can learn to change the quantum blueprint where all things come from.

"The experiments show us that our connection to the field is the essence of our existence. If we understand how it works and the way we're connected to it, then we have all that we need to apply what we know of the field to our lives." Gregg Braden

